

# Personal Trainer

## Laura Ross

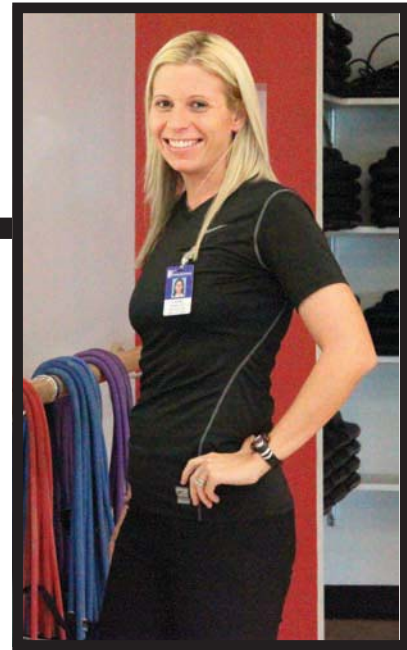
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### EDUCATION/CERTIFICATIONS

Bachelor of Science in Health Professions – The University of Texas at Tyler  
Cooper Institute Certified Personal Trainer  
CPR

### ACCOMPLISHMENTS

Successfully lost 80lbs and kept it off for 6 years



### SPECIALTY TRAINING

Children  
Clients with medical considerations